

Instructions for printing wallet cards – Right to Breastfeed in Public:

- 1) Download the pdf of the Right to Breastfeed in Public
- 2) Using card stock paper, print and set printer to print only page 1 of the pdf Right to Breastfeed in Public
- 3) After printing page one, turn card stock paper over and print only page 2 of pdf Right to Breastfeed in public
- 4) Cut the cards up and share them with all your breastfeeding friends or hand them to any mother you see breastfeeding in public.

We can make breastfeeding the norm again!

Don't closet breastfeed, feed your baby ANYTIME, ANYWHERE!

By doing so, you are changing the way people view breastfeeding and you are an encouragement to other women who may become breastfeeding mothers in the future.

And, most importantly, you are meeting a basic need of your baby. You are giving your baby the best nutrition and start in life.