



Florida helping to Promote Evidence Based Practice in Hospitals

Why Online Training?

- 1 8 Hours of Breastfeeding Essentials for Primary Care Staff
- 2 8 Hours CNE Credit and 5 Hours of approved CME Credit
- 3 Based on UNICEF/WHO Ten Steps to Successful Breastfeeding
- 4 Complements Face to Face Training and Return competency
- 5 Allows Hospitals to Focus on Needed Face to Face Training While Limiting Time Away From Patient Care. Prerequisite For Face to Face
- 6 Training Can Take Place Anytime and Anywhere

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Health care professionals are in a unique position to provide the instruction, encouragement and support that mothers and their infants need to be successful. In Florida 77% of mothers start out breastfeed. Unfortunately, even though exclusive breastfeeding is the preferred choice of infant feeding only 18% of women in Florida continue to exclusively breastfeed to 6 months.

Sessions composed of 8 modules:

1. Breastfeeding Goals, Policies and Trends in US and Florida
2. Prenatal Breastfeeding Education
3. Anatomy
4. Hospital Practices that Influence Breastfeeding
5. Pumping and Storage of Human Milk
6. Special Situations (premature infants and more)
7. On-going Support-Continuity of Care
8. Baby Friendly Hospital